



# THE HAMPSHIRE SCHOOLS CYCLING PARTNERSHIP

Glenn Vincent

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## BIKEABILITY 2016

**Week Commencing Monday 21<sup>st</sup> November 2016 (Monday to Thursday inclusive)**

Dear Parents,

This year the partnership are offering every school an opportunity to become involved in cycle training which will be led by myself and level 2 qualified coaches in line with the National Cycling Scheme.

As per Hampshire guidelines all year 5 and 6 pupils will receive a minimum of 8 hours instruction on and off road around their local area.

The first session is conducted on the playground followed by on road cycling using quiet residential streets surrounding the school. The main aim of the course being that the children will be able to make a short journey in a safer manner and be more aware of road safety issues.

Each child will need a fully operational bike with two working brakes and a cycle helmet; if the children **do not have access** to a helmet/bike, please let your school know and we will endeavour to make the necessary provisions. The first session will include a full bike check and we will inform parents of any adjustments we feel may be necessary for the safety of your child.

At the end of the training, the children will be given a certificate confirming they have completed the course.

I would be grateful if you could complete the attached authority slip and return to your school as soon as possible in order that we can ensure every child is provided for.

Should you have any questions please do not hesitate to contact me via your school.

Yours Sincerely

*G. Vincent*

Glenn Vincent  
Mountbatten School Services  
Personal Best Education





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I/We give permission for..... to participate in the  
Bikeability 2016 cycling scheme on.....

I can confirm the following:

Delete as appropriate

- My child can/cannot ride a bike
- My child has a bike in good working order
- My child will need a bike to be provided
- My child has/has not a cycle helmet
- The school has a completed medical form



Please use the box below for any additional information.

Signed Parent/Guardian:.....

Date:.....