|  | Autumn 1 Me and my Relationship | Autumn 2Valuing difference  | Spring 1Keeping Safe | Spring 2Rights and Respect | Summer 1Being my best | Summer 2Growing and Changing |
| --- | --- | --- | --- | --- | --- | --- |
| Year R | [All about me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-about-me)[What makes me special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-special)[Me and my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-special-people)[Who can help me?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-me)[My feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings)[My feelings (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-2) | [I'm special, you're special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/im-special-youre-special)[Same and different](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different)[Same and different families](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-families-)[Same and different homes](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-homes)[I am caring](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-caring)[I am a friend](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-a-friend) | [What's safe to go onto my body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-safe-to-go-onto-my-body)[Keeping Myself Safe - What's safe to go into my body (including medicines)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-myself-safe--whats-safe-to-go-into-my-body-including-medicines)[Safe indoors and outdoors](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safe-indoors-and-outdoors)[Listening to my feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/listening-to-my-feelings)[Keeping safe online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-safe-online)[People who help to keep me safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/people-who-help-to-keep-me-safe) | [Looking after my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-special-people)[Looking after my friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-friends)[Being helpful at home and caring for our classroom](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-helpful-at-home-and-caring-for-our-classroom)[Caring for our world](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/caring-for-our-world)[Looking after money (1): recognising, spending, using](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-money-1-recognising-spending-using)[Looking after money (2): saving money and keeping it safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-money-2-saving-money-and-keeping-it-safe) | [Bouncing back when things go wrong](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bouncing-back-when-things-go-wrong-1)[Yes, I can!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/yes-i-can)[Healthy eating](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-eating-1)[My healthy mind](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-healthy-mind)[Move your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/move-your-body)[A good night's sleep](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-good-nights-sleep) | [Seasons](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/seasons)[Life stages - plants, animals, humans](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages--plants-animals-humans)[Life Stages: Human life stage - who will I be?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages-human-life-stage--who-will-i-be)[Where do babies come from?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/where-do-babies-come-from)[Getting bigger](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-bigger)[Me and my body - girls and boys](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-body--girls-and-boys) |
| Year 1 | [Why we have classroom rules](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-we-have-classroom-rules)[How are you listening?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-you-listening-1)[Thinking about feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thinking-about-feelings)[Our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-feelings)[Feelings and bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/feelings-and-bodies)[Good friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/good-friends-) | [Same or different?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-or-different-1)[Unkind, tease or bully?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/unkind-tease-or-bully)[Harold's school rules](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-school-rules-1)[It's not fair!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/its-not-fair)[Who are our special people?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-are-our-special-people)[Our special people balloons](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-special-people-balloons-1) | [Super sleep](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/super-sleep-1)[Who can help? (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-1-1)[Good or bad touches?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/good-or-bad-touches)[Sharing pictures](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sharing-pictures)[What could Harold do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-could-harold-do--1)[Harold loses Geoffrey](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-loses-geoffrey) | [Harold has a bad day](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-has-a-bad-day) (Y1)[Around and about the school](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/around-and-about-the-school) (Y1)[Taking care of something](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-care-of-something) (Y1)[Harold's money](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-money-1) (Y1)[How should we look after our money?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-should-we-look-after-our-money) (Y1)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid) (Y1) | [I can eat a rainbow](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-can-eat-a-rainbow)[Eat well](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/eat-well-)[Harold's wash and brush up](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-wash-and-brush-up)[Catch it! Bin it! Kill it!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/catch-it-bin-it-kill-it)[Harold learns to ride his bike](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-learns-to-ride-his-bike)[Pass on the praise!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pass-on-the-praise-1)[Inside my wonderful body! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/inside-my-wonderful-body-) | [Healthy me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-me)[Then and now](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/then-and-now)[Taking care of a baby](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-care-of-a-baby)[Who can help? (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-2)[Surprises and secrets](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/surprises-and-secrets)[Keeping privates private](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-privates-private) |
| Year 2/3 Cycle A | Me and my Relationship | Me and my Relationship | Valuing difference | Valuing difference | Keeping Safe | Growing and Changing  |
|  | [Our ideal classroom (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-classroom-1)[Our ideal classroom (2) (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-classroom-2-1)[How are you feeling today?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-you-feeling-today)[Let's all be happy!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-all-be-happy-1)[Being a good friend](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-a-good-friend-1)[Types of bullying](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/types-of-bullying-)[Don't do that!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dont-do-that)[Bullying or teasing? (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bullying-or-teasing) | [As a rule](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/as-a-rule)[Looking after our special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-our-special-people)[How can we solve this problem?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-can-we-solve-this-problem)[Tangram team challenge (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tangram-team-challenge)[Friends are special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friends-are-special-1)[Thunks](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thunks)[Dan's dare](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dans-dare)My special pet (OPTIONAL)  | [What makes us who we are?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-us-who-we-are)[My special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-special-people)[How do we make others feel?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-do-we-make-others-feel)[When someone is feeling left out](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-someone-is-feeling-left-out)[An act of kindness](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/an-act-of-kindness)[Solve the problem](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/solve-the-problem) | [Respect and challenge](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respect-and-challenge)[Family and friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/family-and-friends)[My community](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-community)[Our friends and neighbours](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-friends-and-neighbours)[Let's celebrate our differences](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-celebrate-our-differences)[Zeb](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/zeb) | [Harold's picnic](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-picnic-)[How safe would you feel?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-safe-would-you-feel)[What should Harold say?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-should-harold-say)[I don't like that!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-dont-like-that-1)[Fun or not?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fun-or-not)[Should I tell?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/should-i-tell) [My body needs... (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-needs-)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-1) | Year 2[A helping hand](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-helping-hand)[Sam moves away](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sam-moves-away)[Haven't you grown!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/havent-you-grown)[My body, your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-your-body)[Respecting privacy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-privacy-)[Some secrets should never be kept](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/some-secrets-should-never-be-kept)Year 3[Relationship tree](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-tree)[Body space](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space)[None of your business!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/none-of-your-business)[Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-2)[My changing body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-changing-body)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-2) |
| Year 2/3Cycle B | Being my best | Being my best | Rights and Respect | Rights and Respect | Keeping Safe | Growing and Changing |
|  | [You can do it!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/you-can-do-it)[My day](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-day)[Harold's postcard - helping us to keep clean and healthy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-postcard--helping-us-to-keep-clean-and-healthy)[Harold's bathroom](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-bathroom-1)[What does my body do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-does-my-body-do-1)[My body needs... (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-needs-)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-1) | [Derek cooks dinner! (healthy eating)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/derek-cooks-dinner-healthy-eating)[Poorly Harold](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/poorly-harold)[Body team work](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-team-work-1)[For or against?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/for-or-against)[I am fantastic!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-am-fantastic)[Top talents](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/top-talents-1)[Getting on with your nerves! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-on-with-your-nerves-) | [Getting on with others](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-on-with-others)[When I feel like erupting](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-i-feel-like-erupting)[Feeling safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/feeling-safe-)[Playing games](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/playing-games)[Harold saves for something special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-saves-for-something-special)[Harold goes camping (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harold-goes-camping)[How can we look after our environment?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-can-we-look-after-our-environment) | [Helping each other to stay safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helping-each-other-to-stay-safe)[Recount task](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/recount-task)[Our helpful volunteers](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-helpful-volunteers)[Can Harold afford it?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-harold-afford-it)[Earning money](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/earning-money)[Harold's environment project](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-environment-project)[Let's have a tidy up! (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-have-a-tidy-up) | [Safe or unsafe?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safe-or-unsafe-1)[Danger or risk?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/danger-or-risk-1)[The Risk robot](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-risk-robot)[Super Searcher](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/super-searcher)[Help or harm?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-or-harm-1)[Alcohol and cigarettes: the facts](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/alcohol-and-cigarettes-the-facts-1)[Raisin challenge (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-1)  | Year 2[A helping hand](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-helping-hand)[Sam moves away](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/sam-moves-away)[Haven't you grown!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/havent-you-grown)[My body, your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-body-your-body)[Respecting privacy](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-privacy-)[Some secrets should never be kept](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/some-secrets-should-never-be-kept)Year 3[Relationship tree](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-tree)[Body space](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space)[None of your business!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/none-of-your-business)[Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-2)[My changing body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-changing-body)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-2) |
| Year 4/5/6 Cycle A | Me and my Relationship | Me and my Relationship | Valuing difference | Valuing difference | Keeping Safe | Growing and Changing |
|  | [Under pressure](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/under-pressure)[Collaboration Challenge!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/collaboration-challenge)[Give and take](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/give-and-take-1)[Working together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/working-together)Let's negotiate [Solve the friendship problem](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/solve-the-friendship-problem) | [How good a friend are you?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-good-a-friend-are-you)[Relationship cake recipe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship-cake-recipe)[Being assertive](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-assertive-1)[Assertiveness skills (formerly Behave yourself - 2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/assertiveness-skills-formerly-behave-yourself--2)[Behave yourself](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/behave-yourself-2)[Dan's day (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dans-day) | [That is such a stereotype!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/that-is-such-a-stereotype)[Qualities of friendship](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/qualities-of-friendship)[Kind conversations](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/kind-conversations-1)[OK to be different](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-to-be-different)[We have more in common than not](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/we-have-more-in-common-than-not) | [Happy being me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/happy-being-me-1)[The land of the Red People](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-land-of-the-red-people)[Respecting differences](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respecting-differences)[Kind conversations](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/kind-conversations-1)[Tolerance and respect for others](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tolerance-and-respect-for-others) | [Raisin challenge (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-2)[Thunking' about habits](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thunking-about-habits) [Spot bullying](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/spot-bullying)[Think before you click!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/think-before-you-click)[Traffic lights](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/traffic-lights) [To share or not to share?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/to-share-or-not-to-share) | Year 4[Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)[My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)[All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)[Preparing for changes at puberty (formerly Period positive/preparing for periods)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)[Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)[Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)Know your body - FGM supplementary lessonYear 5[How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)[Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)[Dear Ash](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-ash-1)[Growing up and changing bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/growing-up-and-changing-bodies-1)[Changing bodies and feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/changing-bodies-and-feelings)[Help! I'm a teenager - get me out of here!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-im-a-teenager--get-me-out-of-here)[Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)Year 6[I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great)[Media manipulation](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/media-manipulation)[Pressure online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pressure-online)[Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)[Is this normal?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/is-this-normal)[Making babies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-babies-1)Know your body - FGM supplementary lesson |
| Year 4/5/6Cycle B | Being my Best | Being my Best | Rights and Respect | Rights and Respect | Keeping Safe | Growing and Changing |
|  | [What makes me ME!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-me-)[Making choices](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-choices)[It all adds up!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/it-all-adds-up-)[Five Ways to Wellbeing project](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/five-ways-to-wellbeing-project)[Independence and responsibility](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/independence-and-responsibility) | [Different skills](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-skills)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-3)[My school community (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-1)[My school community (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-2) [Volunteering is cool (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/volunteering-is-cool)[This will be your life!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/this-will-be-your-life-) | [Why pay taxes?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-pay-taxes-1)[What's the story?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-the-story)[Fact or opinion?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fact-or-opinion)[Two sides to every story](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/two-sides-to-every-story)[Fakebook friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fakebook-friends)[What's it worth?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-it-worth) | [Rights, respect and duties](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/rights-responsibilities-and-duties)[Mo makes a difference](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/mo-makes-a-difference)[Jobs and taxes](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/jobs-and-taxes)[Action stations!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/action-stations) [Project Pitch (parts 1 & 2) (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/project-pitch-parts-1--2) | [Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)[How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)[Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)[Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)[Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)[I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great) | Year 4[Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)[My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)[All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)[Preparing for changes at puberty (formerly Period positive/preparing for periods)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)[Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)[Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)Know your body - FGM supplementary lessonYear 5[How are they feeling?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-they-feeling-1)[Taking notice of our feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings)[Dear Ash](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-ash-1)[Growing up and changing bodies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/growing-up-and-changing-bodies-1)[Changing bodies and feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/changing-bodies-and-feelings)[Help! I'm a teenager - get me out of here!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-im-a-teenager--get-me-out-of-here)[Dear Hetty (OPTIONAL)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dear-hetty-1)Year 6[I look great!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great)[Media manipulation](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/media-manipulation)[Pressure online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pressure-online)[Helpful or unhelpful? Managing change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/helpful-or-unhelpful-managing-change)[Is this normal?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/is-this-normal)[Making babies](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-babies-1)Know your body - FGM supplementary lesson |